

# Minutes

## South Eastern Hampshire Community Engagement Committee

On Wednesday 10 July, 2019, from 09.30 - 12.00

In Hurstwood Room, Havant Civic Plaza

Apologies to be sent to [fg-sehccg.engagement@nhs.net](mailto:fg-sehccg.engagement@nhs.net)

<b>Attendees</b>	
Nick Wilson	Non Executive Adviser for South Eastern Hampshire CCG and chair
Gill Bailey	Patient representative, Portsmouth Hospitals NHS Trust
Tim Houghton	Chief executive, Community First
Maria Morrell	Director of services, Havant and East Hants Mind
Janie Millerchip	Senior community health and wellbeing officer, East Hants District Council
Priya Mistry	Senior communications and engagement officer, South Eastern Hampshire CCG
Elizabeth Kerwood	Head of communications and engagement, South Eastern Hampshire CCG

<b>1</b>	<b>Introductions</b>
1.1	<p><b>Welcomes and Apologies</b> Nick welcomed everyone to the meeting. Apologies were given by Steve Southwell, Yvonne Fisher, Jaime Bridges and Councillor Keith Budden.</p>
1.2	<p><b>Previous Minutes</b> The minutes from the previous meeting were accepted as an accurate record.</p>
1.3	<p><b>Requests for AOB</b> None were made.</p>
1.4	<p><b>Declarations of Conflicts of Interest</b> None were made.</p>
1.5	<p><b>Action Log</b> The action log was reviewed and an updated version will be sent out with the minutes.</p>
<b>2</b>	<b>Focus Items</b>
2.1	<p><u>Mental health developments</u> Maria Morrell, director of services for Havant and East Hants Mind (HEH Mind), gave an update on the recently-opened children's Safe Haven in Havant. Members heard that while there has been a lot of awareness around adult</p>

mental health, more needs to be done to support children and younger people – particularly as some may not meet the threshold for child adolescent mental health services (CAMHS).

The Safe Haven opened in Havant at the end of April and is open Tuesdays, Thursdays and Saturdays. It is being funded by the CCG for 12 months, however there is a strong sense that funding will continue after this period.

The haven is a drop-in centre for people aged 11 to 17, but they can also be referred in by schools, GPs and CAMHS. It aims to support young people who may be experiencing suicidal thoughts, self-harming or feeling anxious or depressed.

The haven is not overly bureaucratic and has a very quick response time to a young person who comes in. An assessment is carried out, and if needed, a safety plan is put in place and an outline of how they can access support is shared. There are offers of one-to-one or group support sessions, as well as 'unstructured time' where they might attend workshops for arts and crafts or learn mindfulness techniques. Support is also offered to parents.

In the first few weeks almost 80 children were seen at the haven and there was an even gender balance split as well as children from a range of different backgrounds. The average age of a person being 13.

HEH Mind aims to do an initial evaluation at the end of July to analyse work done so far and then plan to build on this in January. Members asked if the report at the end of July could be shared with them at the next CEC meeting, which was agreed.

The following questions and comments were also raised in discussion:

- How has the service been promoted? Predominately via social media and Facebook. Typically HEH Mind has around 200 visits on its Facebook page however promotion of the Safe Haven saw 60,000 visits.
- Does the haven work in collaboration with other organisations? This has been a collaboration between HEH Mind and NHS colleagues. The service works with schools, GPs, CAMHS and the emergency services.
- What happens if a young person who is out of the area comes in? The haven would see any young person that comes in and first of all works with them to de-escalate the situation. Then they would see what help was available to that young person in their local area.
- Community First said it is working with HEH Mind to see where services can be further joined up. They will be joined by East Hants District Council to build on this and have agreed to feedback to the CEC.

**Action: Send CEC July evaluation**

**MM**

2.2

Primary, community and voluntary sector developments

**Joint workshops on social prescribing – Tim Houghton**

Tim Houghton, chief executive of Community First, gave an update on social prescribing. Conversations between commissioners and providers have been taking place and Community First and Gosport Voluntary Action have been talking to GPs to engage with them on social prescribers being employed.

A Hampshire and Isle of Wight Social Prescribing Network has been created and a further meeting takes place on September 9.

Impact measurement needs to be developed to ensure good information is being given by social prescribers and that we have a diverse group of people. Social prescribing was an item discussed at the Hampshire and Isle of Wight Partnership governing board meeting and the paper will be sent out with the minutes.

Community transport comes up as a regular item for both older people and younger people. There are conversations happening about how the service can be sustained and how to coordinate the drivers we have and how we can get more people to volunteer.

2.3

**Primary Care Network update – Elizabeth Kerwood**

The PCNs will work together to improve health and care outcomes, to work on economies of scale and streamline existing structures and functions, and work at scale to boost skill mix in an area and build in resilience.

In terms of workforce planning, over the next five years there will be five key posts coming in:

- Clinical pharmacists and social prescribers this year
- Physiotherapists
- Physicians associates
- Paramedics

There are four PCN areas for south east Hampshire:

East Hampshire PCN

- Badgerswood Surgery
- Clanfield Surgery
- The Grange Surgery
- Horndean Surgery
- Liphook and Liss Surgery
- Pinehill Surgery
- Riverside Surgery
- Rowlands Castle Surgery
- Swan Medical Group

Havant and Waterlooville PCN

2.4	<ul style="list-style-type: none"> <li>• Bosmere Medical Practice</li> <li>• Park Lane Medical Centre</li> <li>• Staunton Surgery</li> <li>• Denmead Practice</li> <li>• Oaks Healthcare</li> <li>• Village Practice</li> </ul> <p><u>Strawberry Health PCN</u></p> <ul style="list-style-type: none"> <li>• Homewell Practice</li> <li>• Vine Medical Group</li> </ul> <p><u>Hayling Island and Emsworth PCN</u></p> <ul style="list-style-type: none"> <li>• The Elms Practice</li> <li>• Waterside Medical Practice</li> <li>• Emsworth Surgery</li> </ul> <p><b>Action: Circulate PCN presentation to members with minutes PM</b></p> <p><b>Integrated Primary Care Access Service (IPCAS) – Elizabeth Kerwood</b>  Elizabeth gave a background and then an update on IPCAS. The CCG commissioned the Southern Hampshire Primary Care Alliance – of which all GPs are members of – to provide the out-of-hours service and the GP extended access appointments.</p> <p>During the extended access pilot, seven hubs were created to see if people were willing to travel further in order to access primary care appointments during evenings and weekends.</p> <p>Analysis found maintaining seven sites was tricky – in some cases there were incidents of lone working and issues with filling staffing rotas. A decision was therefore made to cease hubs in Hayling Island and Whitehill and Bordon. However after hearing from stakeholders it has been decided to reinstate the hub in Whitehill and Bordon while further engagement work is carried out.</p> <p><b>Action: Send Janie Millerchip the stakeholder email EK</b></p>
3	<b>Standing Items/ Regular Updates</b>
3.1	<p><b>Locality Patient Group (LPG) feedback</b>  This item was deferred to the next meeting.</p> <p>3.2 <b>East Hampshire District Council – Janie Millerchip</b>  A welfare and wellbeing action plan has been created which looks at how finding could be used in the district for this area. The plan is due to go September’s full council meeting.</p>

An informal workshop was held for staff and service users to talk about their experiences and see where there's a gap between one service stopping and another starting.

A 'meet the funders' event was held jointly between the council and Community First, which was a great success.

The Dementia Festival was a real success. Around 300 people attended and there were 31 different organisations on hand. It was useful for staff that were able to get together and use it as an upskilling opportunity. The next steps are to arrange another event for next year and create a pocket guide for people with dementia and their carers. It would include information about how to live with a diagnosis and have empty spaces for people to fill in details relevant to them.

There has been a ward boundary change by East Hampshire District Council.

**Action: Janie and Nick Wilson to arrange meeting with Richard Kershaw, Clinical Director of East Hants Primary Care Network  
JM/NW**

**3.3 Patient representative Portsmouth Hospitals NHS Trust – Gill Bailey**

There's uncertainty that the public don't know if and when they should call NHS111 and so they either come to A&E, or they call NHS111 and still come into the hospital. Therefore an audit is going to be carried out to see what pathways lead to people coming into A&E.

Sarah Balchin has now left PHT – a new chief nurse has been appointed and she in turn will appoint someone into Sarah's role.

We are looking at transport for dialysis patients as at the moment there can be very long wait times and inconsistencies in the service provided. The Renal Association guidelines say a patient should be picked up 30 minutes before their appointment, should not have more than 30 minutes travel time to their appointment, and should wait up to 30 minutes for their transport back.

**Action: Share the NHS111 feedback with the CEC and LPG group  
GB**

**3.4 Community First – Tim Houghton**

Hampshire County Council and five Hampshire Clinical Commissioning Groups have tendered for a new dementia advisor and carer support service, which brings existing services into one.

**Action: Tim to liaise with Jody Phelvin, from Andover Mind, to invite her to meet with him, and other partners (Janie Millerchip EHDC and Maria Morrell, H&EH Mind) to join them up with local services in SE Hants area – for report back at the next CEC meeting.**

**Action: Share letter about dementia service with Priya**

	<p><b>TH</b></p> <p><b>Action: Circulate letter about dementia service to members with minutes PM</b></p>
<b>4</b>	<b>Any Other Business</b>
4.1	No other business was raised.
<b>5</b>	<b>Date of Future Meetings</b>
	<p>Wednesday 10<sup>th</sup> October, Ante Room, Penns Place, Petersfield</p> <p>Wednesday 9<sup>th</sup> January 2019, Hurstwood Room, The Plaza, Havant</p>